



TexVet Consolidated Mental Health Resources for the Texas Veteran Community

TexVet.org

TexVet is a state program connecting Service Members, Veterans, Families, and those that Serve them to fully vetted information and resources, in an easy-to-find format. Search by County: <https://www.texvet.org/county>

Veterans Crisis line – Ways to Connect

- Call: 1-800-273-8255 Press 1
- Text: 838255
- Chat: <https://www.veteranscrisisline.net/get-help/chat>
- Support for the deaf or hard of hearing: 1-800-799-4889
- Homeless Support, Call: 1-877-4AID VET (1-877-424-3838)

This free support is

- Confidential
- Available every day, 24/7

And serves

- ★ All Veterans
- ★ All Service members
- ★ National Guard and Reserve
- Their family members and friends

Department of Veterans Affairs Mental Health Resource Page

Are you a Veteran looking for mental health support? Or a family member who wants to know more about the common signs of posttraumatic stress? Or a community provider currently treating a Veteran? Find the group you most identify with, then proceed to support and resources that are tailored for you. <https://www.mentalhealth.va.gov/index.asp>

Texas Suicide Prevention Council

Texas Suicide Prevention initiative is the result of a collaborative effort throughout the state of Texas of community-based organizations, state and local agencies, academic institutions and many others who work together to reduce suicides in Texas. You can find more information, tools, training, and about this effort and its organizers here:

<https://texassuicideprevention.org/>

Military Veteran Peer Network

Peer-to Peer Support through training, technical assistance, and certification to Local Mental Health Authority-based Military Veteran Peer Network (MVPN) Peer Service Coordinators (PSCs) and their Peers to create a statewide network of military trauma-affected Veteran peer support. Find your Texas local PSC here: <https://www.texvet.org/partners/mvnpn-military-veteran-peer-network>

Texas Resources that Receive Grants to Provide Veteran Mental Health Services (Veterans, Families, Caregivers, Dependents, Surviving Spouses)

Texas Veterans Commission Fund for Veterans Assistance Mental Health Grantees

*** Statewide (Please see individual websites for counties served)**

Panhandle

WTCCG.us - West Texas Counseling and Guidance– Clinical Counseling Services for Veterans, Dependents, Surviving Spouses. **San Angelo Office 325-315-0272 Del Rio Office 325-812-4612**

***Bswhealth.com - Baylor Scott & White Warrior Research Institute** – Clinical Counseling Services for Veterans, Dependents, Surviving Spouses. **(Telehealth available Statewide 254-716-6208)**

***valortx.com – VALOR** - Clinical Services for Veterans. **(Telehealth available Statewide 469-974-7731)**

***Houstonmethodist.org** - Houston Methodist Hospital – Clinical Counseling Services for Veterans. **(Statewide, 346-238-2040)** Ask for Dr. Madan

Co.potter.tx.us - Potter County Veteran Treatment Program – Clinical Counseling Services for Veterans and Dependents. **806-379-2246**

***Txngfsf.org - Texas National Guard Support Foundation** – Clinical Counseling Services for Veteran Dependents, Surviving Spouses. **(Statewide, 512-560-5669)**

West Texas

***Bswhealth.com** - Baylor Scott & White Warrior Research Institute – Clinical Counseling Services for Veterans, Dependents, Surviving Spouses. **(Telehealth available Statewide, 254-716-6208)**

***valortx.com – VALOR** - Clinical Services for Veterans. **(Statewide, 469-974-7731)**

***Houstonmethodist.org** - Houston Methodist Hospital – Clinical Counseling Services for Veterans. **(Statewide, 346-238-2040)** Ask for Dr. Madan

ProjectAmistad.org - Clinical Counseling for Veterans, Dependents, Surviving Spouses-Mental Health. **915-298.7307**

***Txngfsf.org - Texas National Guard Support Foundation** – Clinical Counseling Services for Veteran Dependents, Surviving Spouses. **(Statewide, 512-560-5669)**

Alamo

***Bswhealth.com - Baylor Scott & White Warrior Research Institute** – Clinical Counseling Services for Veterans, Dependents, Surviving Spouses. **(Telehealth available Statewide 254-716-6208)**

Bexar.org - Bexar County Commissioners Court – Clinical Counseling Services for Veterans. **210-335-2011**

***valortx.com – VALOR** - Clinical Services for Veterans. **(Statewide, 469-974-7731)**

***Houstonmethodist.org** - Houston Methodist Hospital – Clinical Counseling Services for Veterans. **(Statewide, 346-238-2040)** Ask for Dr. Madan

Samaritan-center.org - Samaritan Center for Counseling and Pastoral Care, Inc. - Clinical Counseling for Veterans, Dependents, Surviving Spouses. **512-466-4454**

***Txngfsf.org - Texas National Guard Support Foundation** – Clinical Counseling Services for Veteran Dependents, Surviving Spouses. **(Statewide, 512-560-5669)**

WTCG.us - West Texas Counseling and Guidance– Clinical Counseling Services for Veterans, Dependents, Surviving Spouses. **San Angelo Office 325-315-0272 Del Rio Office 325-812-4612**

South Texas

***Bswhealth.com - Baylor Scott & White Warrior Research Institute** – Clinical Counseling Services for Veterans, Dependents, Surviving Spouses. **(Telehealth available Statewide 254-716-6208)**

Cenikor.org – Cenikor Foundation - Clinical Counseling Services for Veterans, Dependents, Surviving Spouses. **713-266-9944**

***valortx.com – VALOR** - Clinical Services for Veterans. **(Statewide, 469-974-7731)**

***Houstonmethodist.org** - Houston Methodist Hospital – Clinical Counseling Services for Veterans. **(Statewide, 346-238-2040)** Ask for Dr. Madan

***Txngfsf.org - Texas National Guard Support Foundation** – Clinical Counseling Services for Veteran Dependents, Surviving Spouses. **(Statewide, 512-560-5669)**

Gulf Coast

***Bswhealth.com - Baylor Scott & White Warrior Research Institute** – Clinical Counseling Services for Veterans, Dependents, Surviving Spouses. **(Telehealth available Statewide 254-716-6208)**

***valortx.com – VALOR** - Clinical Services for Veterans. **(Statewide, 469-974-7731)**

Eastersealshouston.org – Easter Seals of Greater Houston, Inc. – Clinical Counseling Services for Veterans, Dependents, Surviving Spouses. **713.838.9050**

***Houstonmethodist.org** - Houston Methodist Hospital – Clinical Counseling Services for Veterans. **(Statewide, 346-238-2040)** Ask for Dr. Madan

Santamariahostel.org - Santa Maria Hostel, Inc. – Clinical Counseling Services for Veterans. **713.691.0900**

***Txngfsf.org - Texas National Guard Support Foundation** – Clinical Counseling Services for Veteran Dependents, Surviving Spouses. **(Statewide, 512-560-5669)**

Montrosecenter.org – The Montrose Center – Clinical Counseling Services for Veterans. **713-529-0037 ext.0**

Tricountyservices.org - Tri-County Behavioral Health - Clinical Counseling Services for Veteran Dependents, Surviving Spouses. **936-521-6120**

Usvetsinc.org - United States Veterans Initiative (U.S. VETS) – Clinical Counseling Services for Veterans. **832.390-3563**

Central Texas

***Bswhealth.com - Baylor Scott & White Warrior Research Institute** – Clinical Counseling Services for Veterans, Dependents, Surviving Spouses. **(Telehealth available Statewide 254-716-6208)**

Cpinc.org – Center Point, Inc. – Clinical Counseling for Veterans, Dependents, Surviving Spouses. **415-446-1931**

***valortx.com – VALOR** - Clinical Services for Veterans. **(Statewide, 469-974-7731)**

Eastersealshouston.org – Easter Seals of Greater Houston, Inc. – Clinical Counseling Services for Veterans, Dependents, Surviving Spouses. **713.838.9050**

Hotmhm.org - Heart of Texas Regional MHMR - Clinical Counseling for Veterans, Dependents, Surviving Spouses. **254-297-7171**

***Houstonmethodist.org** - Houston Methodist Hospital – Clinical Counseling Services for Veterans. **(Statewide, 346-238-2040)** Ask for Dr. Madan

Samaritan-center.org - Samaritan Center for Counseling and Pastoral Care, Inc. - Clinical Counseling for Veterans, Dependents, Surviving Spouses. **512-466-4454**

***Txngfsf.org - Texas National Guard Support Foundation** – Clinical Counseling Services for Veteran Dependents, Surviving Spouses. **(Statewide, 512-560-5669)**

East Texas

***Bswhealth.com - Baylor Scott & White Warrior Research Institute** – Clinical Counseling Services for Veterans, Dependents, Surviving Spouses. **(Telehealth available Statewide, 254-716-6208)**

***valortx.com – VALOR** - Clinical Services for Veterans **(Statewide, 469-974-7731)**

***Houstonmethodist.org** - Houston Methodist Hospital – Clinical Counseling Services for Veterans. **(Statewide, 346-238-2040)** Ask for Dr. Madan

***Txngfsf.org - Texas National Guard Support Foundation** – Clinical Counseling Services for Veteran Dependents, Surviving Spouses. **(Statewide, 512-560-5669)**

North Texas

22kill.com – 22 Kill – Clinical Counseling Services for Veterans, Dependents, Surviving Spouses. **682-990-6242**

***Bswhealth.com - Baylor Scott & White Warrior Research Institute** – Clinical Counseling Services for Veterans, Dependents, Surviving Spouses. **(Telehealth available Statewide 254-716-6208)**

***valortx.com – VALOR** - Clinical Services for Veterans. **(Statewide, 469-974-7731)**

Dallascounty.org/departments/cscd – Dallas County Community Supervision & Corrections Dept. – Clinical Counseling Services for Veterans and Dependents. **214-320-6700**

***Houstonmethodist.org** - Houston Methodist Hospital – Clinical Counseling Services for Veterans. **(Statewide, 346-238-2040)** Ask for Dr. Madan

Jakesrr.org – Jake Es Round Up - Clinical Counseling Services for Veterans, Dependents, Surviving Spouses. **972-962-2828**

Samaritan-center.org - Samaritan Center for Counseling and Pastoral Care, Inc. - Clinical Counseling for Veterans, Dependents, Surviving Spouses. **512-466-4454**

***Txngfsf.org - Texas National Guard Support Foundation** – Clinical Counseling Services for Veteran Dependents, Surviving Spouses. **(Statewide, 512-560-5669)**

Texas Veterans + Family Alliance Grant Program

WTCG.us - West Texas Counseling and Guidance– Clinical Counseling Services for Veterans, Dependents, Surviving Spouses. **San Angelo Office 325-315-0272 Del Rio Office 325-812-4612**

***Bswhealth.com - Baylor Scott & White Warrior Research Institute** – Clinical Counseling Services for Veterans, Dependents, Surviving Spouses. **(Telehealth available Statewide 254-716-6208)**

Eastersealshouston.org – Easter Seals of Greater Houston, Inc. – Clinical Counseling Services for Veterans, Dependents, Surviving Spouses. **713.838.9050**

***Endeavors.org - Family Endeavors. Telehealth services** Steven A. Cohen Military Family Clinics at Endeavors. (Telehealth Statewide, 833-286-8387) <https://www.endeavors.org/programs/onlinetherapy/>

Ecrh.org -The Ecumenical Center - Counseling via tele counseling or phone sessions. **210-616-0885**

Vetstar.org - StarCare Specialty Health System/VetStar -Referral services for equine-assisted psychotherapy. **806.470.9317**

agif-nvop.org - American GI Forum National Veterans Outreach Program - mental health counseling, employment, housing and support services. **210-223-4088**

Emergencehealthnetwork.org - Emergence Health Network- Counseling, case management, psychiatric services, crisis services. **(Telephonic, Skype, in-person, 915-887-3410)**

Additional Resources:

SPRC.org - Suicide Prevention Resource Center (SPRC) is a federally supported resource center devoted to advancing the implementation of the National Strategy for Suicide Prevention. SPRC advances suicide prevention infrastructure and capacity building through consultation, training, and resources to enhance suicide prevention efforts in states, Native settings, colleges and universities, health systems and other settings, and organizations that serve populations at risk for suicide.

Maketheconnection.net - MakeTheConnection.net is an online resource designed to connect Veterans, their family members and friends, and other supporters with information, resources, and solutions to issues affecting their lives.

Texas Veterans Commission Fund for Veterans Assistance Additional Assistance

Find more areas of assistance here : <https://www.tvc.texas.gov/grants/assistance/>

GENERAL ASSISTANCE

Financial Assistance, Supportive Services, Employment Services, Family Services, Legal Services, Referral Services, Transportation Services

HOUSING 4 TEXAS HEROES

Home Modification Assistance, Homeless Veterans Support, Veteran Homelessness Prevention

VETERANS TREATMENT COURTS

Geographic Distribution of Veterans Treatment Courts